

Prepare your household with all nine fact sheets:

- 1 Prepare your emergency plan
- 2 Prepare for evacuation
- 3 Prepare your emergency kit**
- 4 Prepare your home
- 5 Tune into warnings
- 6 Check your neighbours
- 7 Pet emergency plan
- 8 Prepare your car
- 9 Prepare your business

Available in more than 20 languages online at: [disaster.qld.gov.au](http://disaster.qld.gov.au)

**Fact sheet**

3

**Always remember:**

**Having an emergency kit is an important step to prepare for, survive and cope with emergencies.**

**Know:** All householders need to know where your Emergency Kit is kept.

**Check:** and update the contents of your kit regularly, to ensure everything is in working order and has not expired.

**Discuss:** your emergency kit with all householders and make sure everyone knows what to do in an emergency.

**On this page is a list of items which should be in your kit at all times.**

**On the other side of this page is a list of extra items which, if you do not keep at all times, you should add to your kit during storm or cyclone season.**

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# Prepare your emergency kit:

## Essential items, all times

### Food and water

- Range of non-perishable food items
- Bottled water

### Medical and sanitation

- First Aid Kit and manual
- Essential medications, prescriptions and dosage
- Toilet paper
- Toothbrush/toothpaste
- Soap/shampoo
- Personal hygiene items

### Light

- Flashlight/torch with extra batteries
- Battery powered lantern

### Communications

- Battery powered radio with extra batteries
- Traditional wired telephone
- Prepaid phone cards or coins for phone calls

### Clothing and footwear

- Warm jumper, waterproof jacket, hat and gloves for everyone
- Closed-toed shoes or boots for everyone

### Tools and supplies

- Whistle, utility knife, duct/masking tape
- Plastic garbage bags, ties
- Safety glasses and sun glasses

### Miscellaneous

- Special Items for infants (nappies, formula etc)
- Special items needed by elderly or people with special needs
- Spare house and car keys
- Pet food, water and other animal needs

### Important documents

**Keep original or certified copies of these documents in your Emergency Kit.**

**Scan copies of them and save the files on a USB memory stick or CD to include in your kit. Keep all these items in sealed plastic bags.**

- Insurance papers for your house and contents, cars, and for valuable items
- Inventory of valuable household goods
- Wills and life insurance documents
- House deeds/mortgage documents
- Birth and marriage certificates
- Passports/visa details
- Stocks and bonds
- Medicare, pension cards, immunisation records
- Bank account and credit card details
- A back-up copy of important computer files
- Household Emergency Plan with emergency contact numbers (*also see Fact Sheet 1*)



